

Southern Ohio Chrysalis

C/O Cornerstone United Methodist Church
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What is a Chrysalis?

CHRYSALIS is the growth stage between caterpillars and butterflies. While on the surface it may look like nothing is happening, the delicate process changes a caterpillar into a butterfly with wings and beautiful colors. This symbolizes that through dying to self, Christ can transform us into new beings. Jesus Christ can transform us into something beautiful. We must open ourselves to Jesus for this transformation to occur.

CHRYSALIS is the name chosen for the Youth Walk to Emmaus because it symbolizes faith growth in the lives of youth – the spiritual growth that is necessary between adolescence and adulthood. It is a crucial time of maturing faith for discipleship.

CHRYSALIS has its roots deeply planted in its parent movement, the Walk to Emmaus. CHRYSALIS is a three-day spiritual renewal retreat that provides participants an opportunity to learn more about faith, to experience Christian love and support, and a chance to make new commitments in their faith journey. The content of the three days focuses on God's grace, how one experiences Christ as a friend in the body of Christ, and how one is called into discipleship, giving love to a needful world.

What happens at Chrysalis?

The youth will spend three days with other young people in worship, prayer, fellowship, recreation, singing and discussion. The youth will experience the love of Christ through the prayers and acts of service of a loving support community. The youth will hear talks given by youth and adults. The talks focus on the needs of maturing youth and offer the message of the Gospel and the friendship and example of Jesus Christ. Five talks are given each day followed by discussion and reflection on how these messages can be helpful to the personal faith of the youth. They will explore how this friendship with Jesus can help them live their faith with family, friends, and community.